

September 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 <i>Lasagna</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	15 <i>Grilled Mango</i> <i>chicken over vegeta-</i> <i>ble stir fry, seasonal</i> <i>fruit, vegetables, des-</i> <i>sert</i>	16 <i>White bean and</i> <i>tomato gnocchi</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	17 <i>Chicken burgers</i> <i>and tPotatoe wedges</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	18 <i>Chili with rice</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	19
20	21 <i>Quiche</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	22 <i>Egg rolls with veg-</i> <i>etable stir fried rice</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	23 <i>Meatballs with</i> <i>roasted tomato sauce</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	24 <i>Teriyaki vegetable</i> <i>and beef stir fry</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	25 <i>Orange chicken</i> <i>over quinoa</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	26
27	28 <i>Spaghetti Boulig-</i> <i>naise</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>	29 <i>chicken Vegetable</i> <i>stir fry, Seasonal fruit,</i> <i>vegetables, yoghurt or</i> <i>cheese, Dessert</i>	30 <i>Shepard's pie</i> <i>Seasonal fruit,</i> <i>Vegetables, yogurt or</i> <i>cheese, Dessert</i>			