

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1 Lasagna Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>2 Ratatouille Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>3 Orange chicken over cous cous Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>4 Hamburgers and roasted potatoes Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>5 Chili with rice Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>6</i>
<i>7</i>	<i>8 Courgette, ricotta lasagna rolls Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>9 Grilled Mango chicken over vegeta- ble stir fry, seasonal fruit, vegetables, des- sert</i>	<i>10 White bean and tomato gnocchi Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>11 Chicken burgers and tomato soup Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>12 Fish and chips Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>13</i>
<i>14</i>	<i>15 Macaroni and cheese meat loaf Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>16 Quiche Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>17 Egg rolls with veg- etable stir fried rice Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>18 Meatballs with roasted tomato sauce Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>19 Teriyaki vegetable stir fry Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>20</i>
<i>21</i>	<i>22 Caprese cauliflow- er and broccoli bake Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>23 Vegetable, chicken gnocchi casserole Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>24 Shepard's pie Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>25 Chicken, courgette and corn burgers , FF Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>26 Pasta primavera Alfredo Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>27</i>
<i>28</i>	<i>29 Ricotta spinach cannellini Seasonal fruit, Vegetables, yogurt or cheese, Dessert</i>	<i>30 chicken Vegetable stir fry, Seasonal fruit, vegetables, yoghurt or cheese, Dessert</i>				