

BIG IDEAS

Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding.

Career-life decisions are influenced by **internal and external** factors, including local and global trends.

Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options.

Finding balance between personal and work life promotes well-being.

Lifelong learning fosters career-life opportunities.

Learning Standards

Curricular Competencies	Content
<i>Students are expected to be able to do the following:</i> Examine - Examine the influences of personal and public profiles on career-life opportunities - Identify risks and appreciate benefits associated with personal and public digital footprints - Consider the role of personal and employment networks in exploring career-life opportunities Interact - Apply a mentor's guidance in career-life exploration - Collaborate with supportive community members to explore the reciprocal influences of career-life choices - Communicate with the intent to highlight personal strengths, talents, accomplishments, and abilities Experience - Demonstrate inclusive, respectful, and safe interactions in diverse career-life environments - Identify career-life challenges and opportunities, and generate and apply strategies - Explore and connect experiential learning both inside and outside of school with possible and preferred career-life pathways - Practise effective strategies for healthy school/work/life balance	<i>Students are expected to know the following:</i> Career-life development mentorship opportunities strategies for maintaining well-being in personal and work life preferred ways of knowing and learning competencies of the educated citizen, employability skills, essential skills, leadership and collaboration skills - self-assessment and reflection strategies - ways to represent themselves both personally and publicly appropriate workplace behaviour and workplace safety Connections with community inclusive practices, including taking different worldviews and diverse perspectives into consideration personal networking and employment marketing strategies - factors that both inform career-life choices and are influenced by them, including personal, environmental, and land use factors - ways to contribute to community and society that take cultural influences into consideration value of volunteerism for self and community

Learning Standards (continued)

Curricular Competencies	Content
Initiate • Explore and reflect on career-life roles, personal growth, and initial planning for preferred career-life pathways • Develop preliminary profiles and flexible plans for career-life learning journeys	Career-life planning • career-life development research • methods of organizing and maintaining authentic career-life evidence • models of decision making and innovative thinking for flexible planning and goal setting • financial planning tools, pre- and post-graduation opportunities, and local and global labour and market trends